

## 2009/2010 Perinatal Guidelines Resources

### EVIDENCED-BASED GUIDELINE RESOURCES

These websites were used for general research for updates on perinatal care information

- American College of Obstetrics and Gynecology: <http://www.acog.org>
  - Updated Guidelines for Perinatal Care, Sixth Edition ©2007
- Massachusetts Department of Public Health: <http://www.mass.gov/dph>
- United States Preventive Service Task Force: <http://www.ahrq.gov/clinic/uspstfix.htm>
- National Guideline Clearinghouse: <http://www.guideline.gov>

### SPECIFIC INFORMATION

These websites were used to research updates on specific conditions

- Thyroid testing: [http://www.acog.org/from\\_home/publications/press\\_releases/nr10-01-07-1.cfm](http://www.acog.org/from_home/publications/press_releases/nr10-01-07-1.cfm)
- Prenatal HIV testing: <http://www.aap.org/advocacy/releases/nov08hiv.htm>
- Promotion of Breast Feeding: <http://www.ahrq.gov/CLINIC/uspstf/uspstfbrfd.htm>
- Gestational Diabetes Screening: <http://www.ahrq.gov/CLINIC/uspstf/uspstfgdm.htm>
- Preeclampsia – Update in Progress: <http://www.ahrq.gov/CLINIC/uspstf/uspstfpree.htm>
- Universal Screening for Newborn Hearing Loss: <http://www.ahrq.gov/CLINIC/uspstf/uspstfnbhr.htm>
- Immunization during pregnancy: <http://www.cdc.gov/vaccines/pubs/preg-guide.htm>

### FOR YOUR INFORMATION

Resources for providers and patients on topics covered in the Perinatal Guidelines

#### Smoking Cessation

- Smoking and How to Quit, US Department of Health and Human Services <http://womenshealth.gov/quit-smoking/>
- Smoking and Pregnancy, American Lung Association <http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=33573>
- Quitworks, Massachusetts Department of Public Health, <http://www.makesmokinghistory.org/quitworks/>
- TrytoStop, Massachusetts Department of Public Health, <http://www.trytostop.org>

#### Tuberculosis

- Center for Disease Control; Questions and Answers About TB, 2009 <http://www.cdc.gov/tb/faqs/default.htm>

#### Breastfeeding

- African-American Breastfeeding Alliance, <http://www.aabaonline.com>
- La Leche League, <http://www.llusa.org/MARIVT/Massachusetts.htm>
- Special Supplemental Nutrition Program for Women, Infants and Children (WIC), USDA, <http://www.fns.usda.gov/wic>, <http://www.mass.gov/wic>
- The National Women's Health Information Center, US Department of Health and Human Services. <http://www.4woman.gov/breastfeeding/index.cfm?page=227>
- Boston Association for Childbirth Education's Nursing Mothers Council, <http://www.bace-nmc.org/NMC.htm>
- Massachusetts Breastfeeding Coalition, <http://www.massbfc.org/>

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### Traveling/Transportation

- *Center for Disease Control and Prevention, National Center for Preparedness, Detection, and Control of Infectious Diseases, Division of Global Migration and Quarantine, <http://www.cdc.gov/travel/yellowbook/ch9/pregnancy-traveling.aspx>*
- *US Department of Transportation, National Highway Traffic Safety Administration. [www.safecar.gov](http://www.safecar.gov)*
- *American Academy of Pediatrics, Car Seat Safety, <http://aap.org/family/carseatguide.htm>*
- *National Highway Traffic Safety Administration, US Department of Transportation, <http://www.nhtsa.dot.gov/>*

### Postpartum Support

- *The National Women's Health Information Center, Depression During and After Pregnancy, <http://www.womenshealth.gov/faq/depression-pregnancy.cfm>*
- *Postpartum Support International, <http://postpartum.net/>*

### Domestic Violence Support

- *Massachusetts Coalition Against Sexual Assault and Domestic Violence, Massachusetts Domestic Violence Programs, [http://www.janedoe.org/safety/safety\\_dv\\_shelters.htm](http://www.janedoe.org/safety/safety_dv_shelters.htm)*

### Substance Abuse

- *Massachusetts Substance Abuse Helpline, <http://www.helpline-online.com/About.htm>*
- *US Department of Health and Human Services, National Institute for Health, <http://health.nih.gov/topic/PregnancyandSubstanceAbuse>*