

The CRAFFT Questions

A Brief Screening Test for Adolescent Substance Abuse

C—Have you ever ridden in a **CAR** driven by someone (including yourself) who was “high” or had been using alcohol or drugs?

R—Do you ever use alcohol or drugs to **RELAX**, feel better about yourself, or fit in?

A—Do you ever use alcohol/drugs while you are by yourself, **ALONE**?

F—Do you ever **FORGET** things you did while using alcohol or drugs?

F—Do your family or **FRIENDS** ever tell you that you should cut down on your drinking or drug use?

T—Have you gotten into **TROUBLE** while you were using alcohol or drugs?

CRAFFT Score

2 or more “yes” answers suggests you are at high risk

If you have any questions, please call the Adolescent Substance Abuse Program at 617.355.2727

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